



WOMEN'S NATIONAL COLLEGIATE ATHLETIC ASSOCIATION
56TH SEASON
"Breaking Barriers, Building Legacies"
2025-2026

GROUND RULES: BASKETBALL (3X3)

1. The latest Official Basketball Rules of the International Amateur Basketball Federation (FIBA 3X3) & its Interpretation will be adopted for the competition.
2. **Line-up** – Five (5) players. ANY four (4) players will be allowed to play in a game and only the 4 players are allowed inside the playing court
3. A **COACH** will be allowed to coach the team and may sit on the team bench area.
4. **NO WARM-UP** on the competition court. Teams can warm-up at the Half court adjacent to the competition courts. (or the adjacent court/s).
5. **"CLEAN AS YOU GO"**. After every game, teams must vacate IMMEDIATELY the competition court including the team bench area free from any garbage/ liters such as water bottles, tapes, etc. MUST maintain the vicinity or the venue always clean.
6. **RESOLUTION OF TIES as per WNCAA regular season.**
 - 6.1. Game Lost by Forfeit, the score is 5 – 0
 - If a team cannot field in 3 players ready to play at the scheduled starting time of the game.
 - If the team has NO coach to start the game.
 - If the teams' uniform has NO WNCAA patch.
 - If the team members have NO IDs.
 - If a (walkout), team leaves the playing court before the end of the game.

- 6.2. Game Lost by Default, the scores stands or 1 – 0
 - If all the players of the team are injured and/or having been disqualified.
 - If the teams coach is disqualified (no coach to continue the game).
7. In case of a **WALK-OUT** refer to the WNCAA Constitution & By-laws, Article 8, Section 4.
8. During the last 1 minute of the game any nullification of a basket, must be clarified prior to commence of the game.
9. All spectators **MUST** sit on the bleachers. No other personnel ids allowed with-in the perimeter of the playing court.

MODIFIED RULES:

1. COMPETITION COURT – half court of a regular official basketball court.
2. UNIFORMS – as per WNCAA. . . including “NO PATCH NO PLAY”.
 - Socks NO color restriction, but must be visible.
3. GAME OFFICIALS – 2 Referees, 2 Table Officials & Sports supervisor
4. GAME CLOCK – Running time, stopped only during Time-outs and stop time in the last 1 minute.
5. FORFRITURE TIME IS GAME TIME. No grace period.
6. Foul is committed on a player in the act of shooting, that player shall be awarded a number of free throws as follows:
 - If the shot released from the field goal area is successful, the goal shall count and, in addition, 1 free throw (AND1 or Bonus)
 - If the shot released from inside the arc is unsuccessful, 1 free throw.
 - If the shot released from behind the arc is unsuccessful, 2 free throws shall be awarded as if the 7th team foul (offender is in penalty situation)
7. Substitution mechanics:

During Free Throws – before the last or only free throw is administered.

Dring violations & fouls w/out free throw(s) – check-ball

 - Offensive team – prior to check-ball
 - Defensive team – prior to returning the ball on a check-ball to the offensive player.

CLARIFICATION:

1. The player taking the check-ball is treated as a player who catches the ball while standing with two feet on the floor (TRAVEL RULE APPLIES).
2. A player is considered to be "behind the arc" when neither of his feet is inside or on the arc line (BOTH FEET MUST BE OUTSIDE ARC LINE).
3. A team shall be disqualified from the competition after its second forfeit no-show or (walkout) the team leaves the playing court before the end of the game.
4. A minimum of 3 players is valid only for the beginning of the game.
 - After the game has started, a team may continue to play with fewer than 3 players.
 - After the game has started, a team must always be present with at least 1 player on the playing court.

"IN THE ABSENCE IN THE GROUND RULES, WNCAA AND/OR FIBA RULES WILL PREVAIL"