



55th SEASON WNCAA TAEKWONDO CHAMPIONSHIPS

San Beda College, Alabang



COMPETITION SCHEDULE, GROUND RULES AND REGULATIONS

I. IMPORTANT SCHEDULE

- January 27, 2025** : Registration and submission of documents, via email to amme117@yahoo.com
- January 29, 2025** : **WEIGH IN**
(Weight/Height verification will be conducted by the authorized weigh in officials). Athletes who will not meet their submitted weight will be disqualified. NO ALLOWANCES ON WEIGHT will be given.
- February 2, 2025** : Competition proper – 9am onwards
Calltime of players – 8am

II. EVENTS

- KYORUGI** – (JUNIORS AND MIDGETS DIVISION)
POOMSAE – (JUNIORS DIVISION ONLY)

III. SCOPE OF COMPETITION

- A. Only members of the WNCAA may join the competition.

IV. QUALIFICATION OF PARTICIPANTS

- A. All contestants must be bonafide students of the school they are representing, screened by the WNCAA screening committee and registered members of the Philippine Taekwondo Association.
- B. Open to **JUNIOR (14 – 18 years old) and MIDGET born year 2011 (13 years old and below) DIVISIONS ONLY**. Each school may field in a **MAXIMUM OF 2 PLAYERS PER WEIGHT/HEIGHT CATEGORY**.
- C. All listed members of Armed Forces of the Philippines, National Team, UAAP athlete are disqualified to join the competition.

V. REGISTRATION PROCEDURE

- A. Each school must submit the gallery folder to the WNCAA office for screening.

VI. METHOD OF COMPETITION

- A. The competition shall be ONE (1) minute per round with 20 seconds interval in between round and will use the Best-of-Three System, (BO3).
- B. There will be 2 courts set-up for the competition. Three judges, one chief referee, and one head of court. They shall score the contestants based on Taekwondo competition rules and regulations.

- C. There shall be no changes in the position of the judges until the stage of the competition for each division is completed.

III. **FORMAT OF COMPETITION**

- A. Contestants may be fielded in any of the following categories:

CATEGORY	JUNIOR DIVISION
Fin weight	Under 42 kg.
Fly weight	44 kg.
Bantam weight	46 kg.
Feather weight	49 kg.
Light weight	52 kg.
Welter weight	55 kg.
Light Middle weight	59 kg.
Middle weight	63 kg.
Light Heavy weight	68 kg.
Heavy weight	Over 68 kg.

CATEGORY	MIDGET DIVISION
UNDER 144CM	Not exceeding 144cm
UNDER 148CM	Over 144cm not exceeding 148cm
UNDER 152CM	Over 148cm not exceeding 152cm
UNDER 156CM	Over 152cm not exceeding 156cm
UNDER 160CM	Over 156cm not exceeding 160cm
UNDER 164CM	Over 160cm not exceeding 164cm
UNDER 168CM	Over 164cm not exceeding 168cm
UNDER 172CM	Over 168cm not exceeding 172cm
UNDER 176CM	Over 172cm not exceeding 176cm
OVER 176CM	Over 176cm

- B. Junior / Midget divisions will be divided into two classes/groups
- a. Novice division - yellow and blue belt class
 - b. Advance division - red, brown and black belt class

VI. **PROTEST, ARBITRATION AND PENALTIES**

- A. Stipulations of the WNCAA Taekwondo Championships shall prevail in all cases. In cases where there are no provisions in the WNCAA Taekwondo Tournament Rules, the PTA rules and regulations shall apply.
- B. Any school or coach who violates the WNCAA rules will undergo investigation and will be subjected to sanctions of the WNCAA.

VII. AWARDS

A. Medals shall be awarded to the winners in each category as follows:

Champion	-	Gold Medal
Second Place	-	Silver Medal
Third Place (2)	-	Bronze Medal
MVP (1)	-	Gold Medal

B. Trophies shall be awarded to the school based on medals won both in novice and advance division - gold, silver, bronze. In case where there are schools with the same number of medals, the factors to be considered to break the tie are:

- number of fights won
- number of participants fielded by a school

There will be an over all champion for both kyorugi and poomsae event.

C. MVP Award will be given for each division.

KYORUGI - MEDALS, TROPHIES AND SPECIAL AWARDS

Medals:

CATEGORY	GOLD	SILVER	BRONZE
MIDGETS (novice and advance)	20	20	40
JUNIORS (novice and advance)	20	20	40
Best Players	2	0	0
Best Coaches	2	0	0
Best Referee	1	0	0
Total Medals	45	40	80

Trophies:

OVERALL WINNERS	Champion	1st Runner-Up	2nd Runner-Up
Junior	1	1	1
Midget	1	1	1
Total Trophies	2	2	2

VIII. GENERAL PROVISIONS FOR THE COMPETITION

- Competition Codes of Conduct:* The PTA Competition Codes of Conduct shall be strictly enforced.
- Year 2018 Resolutions:* Resolutions made by the PTA Tournament Directors during the 2018 technical conference on competition management shall be enforced.
- Competition Rules:* For all other matters not provided for in these ground rules, the WTF Competition Rules and Interpretation's latest revision shall apply.

4. *Competition Uniform:* All contestants are encouraged to use the official kyorugi competition Taekwondo uniform (dobok) of the Philippine Taekwondo Association.
NOTE: Use of the "PHILIPPINES" print on the uniform is reserved for members of the National Taekwondo Team and for those who have represented the country in international competitions. Otherwise, such usage is strictly prohibited.
5. *Competition Equipment:* Only brands accredited / approved by the PTA shall be allowed / approved
for use. The contestants shall provide their own competition equipment (head protector, body protector, arm & shin guards, groin guard, hand & foot gloves).
6. *Mouth Guard:* The use of the mouth guard shall be required. *For the children's division,* the mouth guard shall be required for heights of 128 cm and higher. Mouth guard color must be white or transparent only.
7. *Coaches' Attire:* Coaches are required to wear collared shirt and coach's vest (attire: smart-casual). No slippers, caps, sleeveless shirts will be allowed.
8. *Referees:* Only National and Regional Referees who have passed the course for the current rules shall serve during the competition. They shall serve full-time.

IX. COORDINATING CENTER and CONTACT NUMBERS

Contact Persons and Contact Numbers:

Ms. EMMA BONYAD : **+63 962 072 19 09**
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