

**56th WOMEN'S NATIONAL COLLEGIATE
ATHLETIC ASSOCIATION
WNCAA 2026
February 8, 2026**



**SWIMMING
GROUND RULES**

1. COMPETITION RULES

- 1.1. The rules of the 56th Women's National Collegiate Athletic Association (WNCAA) 2025 and the Swimming Rules of the World Aquatics (WA) will be applied. Ground rules which have been agreed upon shall be implemented.
- 1.2. In matters not provided for, decisions shall rest with the Technical and/or the Organizing Committee.
- 1.3. One start rule.
- 1.4. Competition will be in Timed Finals format.
- 1.5. Each swimmer is allowed to swim five (5) individual events and two (2) relay events. Any excess event played by the swimmer will be null and void. Penalty is loss of points in all events the swimmer has played.
- 1.6. Each institution is allowed to enter two (2) swimmers per individual event and one (1) relay team in the relay events per division.
- 1.7. A swimmer who fails to swim an event will not be allowed to swim their succeeding events for that session unless otherwise due to medical reason and that swimmer must submit a medical report from the 56th WNCAA 2026 Official Medical Physician.
- 1.8. Only athletes, coaches and Delegation Officials with official identification tags will be allowed at areas designated for delegates.

2. RELAY ENTRY

- 2.1. Relay team entries and names of swimmers in order of swim including four (4) alternates must be submitted in the master list of entries.
- 2.2. Indicate order of swim by numbering swimmers (1-8 including alternates) in the official entry form and seed times.
- 2.3. Relay order of swimmers may be changed 30 minutes before the start of the competition.

3. POINTS SYSTEM

	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>7th</u>	<u>8th</u>
Individual	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

4. SWIMWEAR

- 4.1. The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.
- 4.2. All swimsuits shall be non transparent.
- 4.3. The competitor must wear swimsuit in one or two pieces. For men, the swimsuit shall not extend above the navel nor below the knee and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuit shall be made from textile materials. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.
- 4.4. The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this Rule.
- 4.5. Composition/other items: Men's swimsuits are in one piece. Subject to decency rule and observance of limitation in surface covered, Women's swimsuits may be in one or two pieces. Other items covering the body and not part of the swimsuit are prohibited.

5. PROTEST

5.1. Protests are possible

- 5.1.1. if the rules and regulations for the conduct of the competition are not observed,
- 5.1.2. if other conditions endanger the competitions and/or competitors, or
- 5.1.3. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

5.2. Protest must be submitted

- 5.2.1. To the referee
- 5.2.2. In writing
- 5.2.3. By the Official Team Coach only
- 5.2.4. Together with a deposit of ten thousand pesos (P 10,000.00)
- 5.2.5. Within 30 minutes following the conclusion of the respective event

6. TIMING

- 6.1. In the case of a manual timing systems error, official manual time of a swimmer shall be determined as follows:

6.1.1. If in the case that the time of the first swimmer is higher than the time of the second swimmer, average time of swimmers involved shall be the official time of both swimmers.

6.1.2. Official placing will be decided by the referee based on facts and a referee's decision (RD or J) will be indicated at the official results.

7. TEAM COMPOSITION

7.1. No limit to the number of swimmers per institution.

8. SUBMISSION OF ENTRIES

8.1. All entries must be on official entry forms.

8.2. Submission of entries must indicate the latest best time of each swimmer in each event for seeding purposes and lane assignments.

8.3. Deadline for the submission of entries will be on January 30, 2026 at 5:00 P.M., properly filled up and signed. All entries must be submitted on official entry form through email at:

Comm. Richard G. Luna
coachrichardluna@gmail.com / Cc: ricpolo12@yahoo.com
CP: 0998 852 3457 / 0991 643 8745

8.4. No late entries will be accepted.

8.5 Team Entry List will be emailed to Coaches on or before February 3, 2026 at 9:00 A.M. so Coaches can check if their entries are in order.

9. Selection for the Most Outstanding Swimmer for each division will be based on the most number of individual gold medals won. If tie exist, breaking of tie will be based on the following:

- 9.1. most number of individual silver medals won
- 9.2. if tie still exist, most number of individual bronze medal won.
- 9.3. if tie still exist, most number of individual points garnered
- 9.4. if tie still exist, next highest individual ranking achieved
- 9.5. if still tie, both swimmers will declared MOS.

10. Coaches and Team Managers' meeting will be held 30 minutes before the start of competition for any competition updates.

11. Schedule of Competition will start at 9:00 A.M. of February 8, 2026.

RICHARD G. LUNA
Swimming Commissioner